



FOOD THERAPY

BURGER IT



All Burgers served with a side of fries and pickles

FRYING NEMO BURGER 20

Crispy tempura fish, dill mayonnaise & sexy slaw tucked in a sesame seed brioche bun.

{+ ADD FRIED CAPERS ~ 2}

THE PIGGY BANK BURGER 22

Twelve hour pulled pork & crispy slaw, hugged in a toasty brioche bun

{+ ADD BACON ~ 4}

POPCORN CHICKEN BURGER 22

Crunchy coated chicken, bacon & chipotle slaw in a toasty brioche bun

{+ ADD ONION RING ~ 3} {+ ADD JALAPENO ~ 3}

THE EDGY VEGE BURGER 18.5

Crumbed Cauliflower, molten Cheese & Slaw in a toasty brioche bun

{+ ADD ONION RING ~ 3} {+ ADD BACON ~ 4}

THERAPY CHEESE BURGER 24

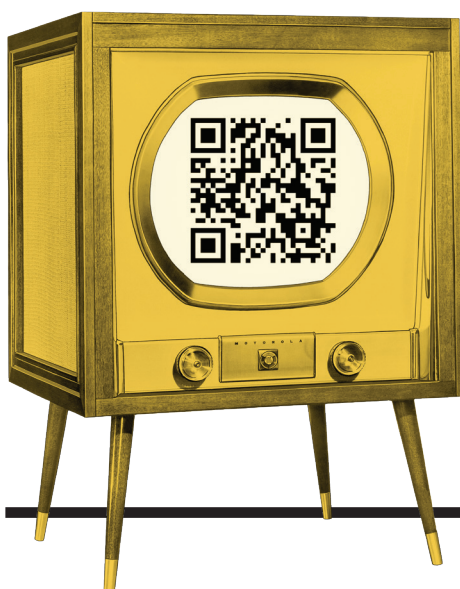
The Legend is here !!! - 2 Patties, gooey cheese, tomato, secret seasoning, relish in a toasty brioche bun

{+ ADD ONION RING ~ 3} {+ ADD EXTRA PATTIE ~ 6}

LAMBORGHINI 22

Moroccan braised lamb, pickled cucumber, slaw, tzatziki in a toasty brioche bun

{+ ADD JALAPENO ~ 3}



Salut!

KEEP YOUR DISTANCING SOCIAL

& Get Some Therapy

Scan your phone to
transform ourself into a

BAR THERAPY VIP

for stupendous deals
& events!

BAR THERAPY

SIT BACK, RELAX,
ENJOY YOUR THERAPY

TASTY MORSELS

CHILI SALT SQUID 18

Our Therapy famous secret recipe
Kosher Salt & Szechuan pepper mix w/ Aioli

SOFT TACOS [3] 18

"A balanced diet is a taco in each hand."
with slaw, corn and black bean salsa:

-Tempura fish

or

-Southern fried chicken

or

-Pulled pork

or

-BangBang Cauliflower

{+ ADD ANOTHER PORTION ~ 6}

JUST WING IT

1/2 Doz 17 / Doz 26

"Ain't no thang like a chicken wang."
Tangy Texas BBQ sauce

BAO BUNS [3] 17

It's abao time.

- Korean Chicken

or

-Char sui pork

FISH BITES 17.5

"Let's make this o-fish-all"
Golden tempura fish bites with dill mayo &
crispy fried capers

MAC & CHEESE BALLS 16

"Mmmmm... Balls..."
Stuffed with creamy Mac & Cheese, drizzled with
molten cheese Sauce, topped with Cheezel Parm

{+ ADD ANOTHER PORTION ~ 6}

BANGBANG CAULIFLOWER 16.5

"Everybody loves the bangbang"

Crumbed Cauli, toasted almonds & Parm
served with BangBang Sauce.

WONTON POPPERS 17

Crispy outside, soft and hot inside

These wontons have some bite – once you pop
you won't stop!

PHILLIY CHEESE STEAK 18

Sautéed Steak with all his mates, capsicum,
onion, mushrooms wrapped in a buttered
toasted bun topped with melted gooey cheese

NAAN SLIDERS 18

12hr braised Lamb, pickled cucumber, topped
with minted yoghurt – Unbaaalievable!!

AMAZING ADD ONS + SIDES

NUTS & BOLTS 6

Our super-duper secret recipe.

MAPLE BACON PEANUTS 8

Caramelized maple peanuts with free range
bacon.

BATTERED ONION RINGS 10

with fennel salt and aioli

FRIES 9

Let's never endure another potato famine!
Golden salted goodness, the must-have
addition.



COCKTAIL THERAPY

Take a ride with our super talented

MIXOLOGISTS

OSCAR DE LA HOYA 17

Is it the weekend yet? Tequila and raspberries come together in this vibrant, vermillion cocktail.
Tequila won't solve all your problems, but it sure helps.

JOHN LEMON 16.5

This drink slides down easy peasy lemon squeezy, our take on a whiskey sour, this balanced drink
shows both sweet and sour, and notes of ginger.

PINK 17

This rock star tastes as good as it looks! Think pink with this beautiful and festive Cocktail. A simple
mix of Pink Gin. Elderflower Liqueur, Cranberry, Pineapple and Fresh Lime Juice

CARRIE'S COSMO 17

Just as upmarket as the ladies on Sex in the City, this cocktail is pure class with our infused
Strawberry Vodka, house made cranberry and strawberry cordial, a splash of lime juice, topped with
white chocolate foam - pure decadence!!!

SHARAPOVA 16.5

Named after another White Russian, a modern twist on the classic White Russian which first
appeared in 1949. We do ours with an in-house Salted Caramel Vodka, Italian coffee and cream for
those looking for a deliciously smooth, roll off the tongue cocktail that just slides down.

HALLE BERRY 16

Our house Blueberry Gin mixed with a lovely helping of lemon and sugar for a beautifully colored &
ridiculously delicious drink.

EXPLODING PASSIONFRUIT MOJITO 17

We are passionate that this mojito is next level, it's the BOMB! Passionfruit rum, house made
passionfruit syrup and exploding passionfruit balls!

CHIEF WIGGUM 18.5

Bar Therapy's take on the Old Fashioned producing a new fashioned. It's rich, smooth and silky taste
comes from maple, bacon infused bourbon, house made cinnamon and donut syrup with bitters.

TEA AND BISCUITS 16.5

You need to chai this, served warm, lightly spiced rum with vanilla notes topped with a sweet foam
and you guessed it a Tim Tam.

PADDLEPOP 17

Tastes exactly like a Paddlepop – Bacardi, Caramelised Banana Syrup, Coconut Water & Cream.

EYE OF THE TIGER 18

This thaitanic Gin cocktail is our rift on a G&T, sweet, spicy, salty and sour flavor bomb. Very
flavorsome and refreshing.



We do Espresso Martinis (two actually), yes we do Mojitos, yes we do French Martinis, but
don't be afraid to try something new. You'll definitely like it.



BAR THERAPY

BEER + CIDER

ASAHI (5%) 9

Light bodied, clean and cleansing, dry on the palate with balanced toasty maltiness.

LITTLE CREATURES DOG DAYS (4.4%) 9.5

A one-off that was hauled back by popular demand. Peachy, citrusy and a little hoppy.

BIGGIE JUICE NEIPA (6%) 14

B.I.G. A beer that is brewed for those drinkers that love to drink. A solid beer that will have you happily going back for another.

CORONA (4.5%) 9

Crisp and refreshing, light pleasant malt and hop notes with a round dry finish. Slice of lemon or lime???

CARLTON DRY (4.5%) 8.5

Refreshingly crisp modern dry lager, that is low in bitterness, delivering superior drinkability.

EMU EXPORT (4%) 8

One of was first craft beers, very approachable on the palate, clean and crisp notes gently builds to a medium bitter finish.

JAMES SQUIRE 150 LASHES (4.2) 9

Malted wheat adds to its refreshing character and a concoction of hops creates fruity aromas with hints of passionfruit, grapefruit & citrus.

GAGE ROADS LITTLE DOVE (6.2%) 11.5

Aromas of tropical nectar perfectly balanced by a robust bitterness.

COLONIAL SOUR (4.6%) 11

Pale, wheat and Munich malts build a light body with a hint of sweetness. A vibrant tropical aroma, but with low bitterness to keep this golden sour light and refreshing.

BEERFARM IPL (5.2%) 12

Brilliantly pale and sparkling with only the slightest maltiness. A classic beer style at its finest.

MONTEITHS PEAR CIDER (4.5%) 9.5

Smooth and inviting with a juice pear sweetness and crisp finish, served over ice for a refreshing summers drink.

REKORDERLIG CIDER 11

Strawberry & Lime, Wild Berry, Passionfruit.

Blends of fruit and spring water, resulting in a premium drink. Ten out of ten fizz. Refreshing and delicious.

FOUR PINES GINGER BEER (4%) 9.5

Spicy yet mild, dry but wet, smooth but sharp, tight but loose. Just great tasting ginger beer!

WINE THERAPY

RED WINE

LES PEYRAUTINS ~ PINOT NOIR

Pays d'Oc, France 9 / 15 / 42
Lovely raspberry and cherry aromas along with subtle smoky hints. Fruity and elegant with a well-balanced and silky long finish.

AMELIA PARK ~ CAB MERLOT

Margaret River
10 / 16.5 / 40
A delicious, approachable Margies red. Soft, juicy and a fine example of the classic Cab Merlot blend.

FOREST HILL Highbury Fields ~ SHIRAZ

Mount Barker
12 / 18 / 46
Flavours of blueberry and spice. Wines from Forest Hill are nothing short of breathtaking. Award winning Shiraz made right here in WA.

KALLESKE ~ GSM

Barossa 44
The old-vine grassy Grenache holds its own in this absolute banger of a Barossa GSM.
Organic Wine of the Year.

VINACEOUS ~ MALBEC

Margaret River 44
This organic award winning Malbec offers a dark brooding complexity of flavour and a rich layered palate. Rolls around your mouth and slides down your throat.

EL GRINGO ~ TEMPRANILLO

Castilla, Spain 49
Think black cherries, strawberries, roasted coffee beans. Luscious and full-bodied from the famous region of Castilla located in the northwest of Spain. An area synonymous with superb red wines.

XANADU ~ CAB SAV

Margaret River
12 / 18 / 44
This wine from one of Marg's most prestigious wineries has plenty of punch, is full bodied and packed full of forest fruits an essential red to drink.

THERAPY RED

8.5 / 14.5 / 35
Cherries and plums with a hint of wood lead to a vibrant mouth-filling wine with a soft full finish

ROSE

PIERRE ET PAPA ~ ROSE France 9.5 / 15 / 32.5

A lighter Rose. Classically French, it is berry driven with a crisp, dry finish.



WHITE WINE

ALKOOMI ~ RIESLING

Frankland River
38
From the isolated Frankland River inland of Denmark, a citrusy Riesling - acidic and refreshing.

INREVERIE ~ SSB

Geographe - WA
9.5 / 15.5 / 39
A state of being pleasantly lost in one's thoughts; a daydream. Fresh aromas of Meyer lemon, nectarine, marmalade and pear drops - this beauty makes you drift away.

VIDAL - SAV BLANC

Marlborough
10 / 15 / 42
A serious Sauvignon Blanc with tropical and citrus fruit intensity. Won Decanter Magazine SB of the year - this cracker SB is summer by the sea in a glass.

FLAMETREE CHARDONNAY

Western Australia
11.5 / 19 / 46
"Winemaker Cliff Royle is regarded as one of the most gifted winemakers of his generation." What more can you say ...aged in high quality French oak, a delicious drinking Chardonnay.

BAREFOOT ~ MOSCATO

South Aust
9 / 15 / 39
A sweet, crisp taste. This white wine is a true crowd pleaser!

REDBANK ~ PINOT GRIGIO

Victoria
10 / 15 / 35
The soft and delicate mouth-feel is complimented by the upfront grapefruit finish - truly beautiful.

THERAPY ~ WHITE

8.5 / 14.5 / 35
Subtle hints of tropical fruits and green apples. This is a refreshingly clean white with a lovely pineapple finish. Great for finishing off or starting your day.



RIVER RETREAT ~ PINK MOSCATO

New South Wales ~ 8 / 35
Light and sweet sparkling Moscato with fresh flavours of strawberries and cream.

MCPHERSON ALEXANDRA ~ SPARKLING NV

Nagambie, Central Victoria ~ 9 / 40
Delightfully moorish with delicate light fruits, fresh berries and cream. Elegant filled with juicy fruit flavours

VILLA FRESCO - PROSECCO

King Valley, Victoria ~ 10 / 44
Fresh, elegant, made to the Italian taste and dressed the Italian way. The wines of Villa Fresco are carefully blended to create the best drinking wine possible.